

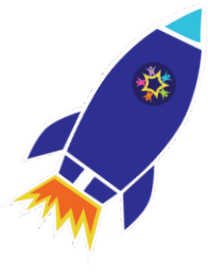


April 2024

Read. Talk. Play. Sing. Create.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YOU CHOOSE!	1 READ signs when you're riding in the car	2 TALK about body parts and make it into a game - say, 'Where is Teddy's mouth?'	3 PLAY freeze tag outdoors	4 SING "Apples and Bananas" using long vowel sounds	5 CREATE a playdough or clay "snake" then shape it into an alphabet letter	6 YOU CHOOSE! <small>Share #MoonshotFamilies</small>
7 YOU CHOOSE!	8 READ a bumper sticker	9 TALK about kitchen utensils while making a meal	10 PLAY a "finding" game like an outdoor egg hunt	11 SING "This is the Way" and make up your own new verse	12 CREATE a picture of a flower using your favorite color of crayon or marker	13 YOU CHOOSE! <small>Share #MoonshotFamilies</small>
14 YOU CHOOSE!	15 READ a t-shirt message or other clothing label	16 TALK about your favorite thing to wear and why you like it	17 PLAY with stuffed animals, giving them names and making up a story	18 SING a song while doing chores like cleaning up or getting dressed	19 CREATE a special greeting using hand signals and body movements	20 YOU CHOOSE! <small>Share #MoonshotFamilies</small>
21 YOU CHOOSE!	22 READ a box on a grocery store shelf, like cereal	23 TALK about things that start with the same sound like "talk" and "Tuesday"	24 PLAY the color game by having your child sort items from around the house by color	25 SING songs without words or lyrics by replacing the words with 'la la la'	26 CREATE a special greeting using hand signals and body movements	27 YOU CHOOSE! <small>Share #MoonshotFamilies</small>
28 YOU CHOOSE!	29 READ the days of the week on a calendar	30 TALK about greetings like "hi," "hello," "good morning," and more!		Moonshot Families Lead the Way On weekends, choose a favorite from the weekdays and do it again, or think of your own way to Read, Talk, Play, Sing, Create together.		YOU CHOOSE! <small>Share #MoonshotFamilies</small>

Visit www.TheLearningAlliance.org/Families for more fun activities.



April 2024

Read. Talk. Play. Sing. Create.

Read. Letters, words, picture books, signs, and labels can be found everywhere. Read with your child to build early learning skills.

Talk. Rhymes and conversations are building blocks of language learning.

Play. There are many ways to play - indoors, outdoors, with movement, games, and toys. Children and adults learn through play!

Sing. A parent's voice is their child's favorite sound. Sharing favorite songs is great for oral language development.

Create. At home, outdoors, and in the community, there are many ways to explore creativity - making, building, cooking, and more!



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This is the Way

This is the way we wash our face,
wash our face, wash our face.
This is the way we wash our face.
Early in the morning.
(repeat with other activities like "comb our hair,"
"brush our teeth," "get dressed," and more!)

Even very young children love to move to music, and it helps us to relax, to boost and lift our mood, to connect us to each other, and to improve concentration.

Apples and Bananas

I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas

Repeat the whole song with each long vowel sound:

A (I like to ate ...ay-ples and ban-ay-nays)
E (ee-ples and ba-nee-nees)
I (I like to ite ... i-ples and ban-i-nis)
O (I loke to ote... o-ples and ban-o-nos)
U (I like to oot... oo-ples and ban-oo-noos)

Playing "air guitar" or pretending to play any musical instrument helps us to use our imagination as well as to release pent-up energy and emotions in a healthy way.



**Moonshot Families
Lead the Way
Scan QR code for**



[YouTube Video Playlist](#)



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